

## 2025 Laboratory Stewardship Champions focus on Effective Test Utilization

ASCP continually advocates for effective test utilization and annually calls for recommendations that can improve patient care and reduce healthcare costs. The Laboratory Stewardship Champions (formerly known as *Choosing Wisely* Champions) program recognizes the efforts of dedicated pathologists and laboratory professionals for making informed decisions about lab testing.

In 2025, two individuals were recognized as the ASCP Laboratory Stewardship Champions.



**Daniel Mettman, MD**, is a pathologist at the Kansas City VA Medical Center and is board-certified in anatomic, clinical, and cytopathology. Dr. Mettman addressed the issue of requesting comprehensive genomic profiling, an expensive test that uses a significant amount of patient tissue, has increased exponentially over the last decade as indications have expanded. At the Kansas City VA, Dr. Mettman developed a consult in the VA electronic medical record system to oversee these requests. He shared the process, assisted with implementation at other sites in Kansas City, Manhattan, and Dallas.



**Joshua Deignan, PhD**, is a clinical professor in the Department of Pathology and Laboratory Medicine at the David Geffen School of Medicine at UCLA, and an associate director of the UCLA Molecular Diagnostics Laboratories, specializing in the areas of molecular genetics and genomics. Genetic tests offer critical clinical insights but often suffer from long turnaround times, limiting their impact on inpatient care when results arrive after discharge. UCLA Pathology addressed this by implementing a workflow that incorporates decision support and electronic consults to assess the appropriateness of genetic tests ordered for inpatients.